



**Company Name:** Brinkman Construction, [www.brinkmanpartners.com](http://www.brinkmanpartners.com)

**Contact:** Kate Baker

**Phone:** 970.672.1022

**Email:** [kate.baker@brinkmanpartners.com](mailto:kate.baker@brinkmanpartners.com)

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### **Brinkman Construction Building New Facility to Help Eating Recovery Center Continue its Mission**

**Denver, Colo., May 17, 2018:** Nationwide, more than 30 million people suffer from eating disorders such as anorexia nervosa, bulimia nervosa or binge eating disorder. This is a conservative number given that most sufferers never come forward to be diagnosed. Of the most common eating disorders, anorexia nervosa has the highest mortality rate of any mental illness. With statistics like that, it's no wonder there is a need for an eighth Eating Recovery Center within a one-mile radius in Denver.

The newest Eating Recovery Center location will be 8199 East 1<sup>st</sup> Avenue, directly adjacent to six other locations and a half-mile from another in Denver's Lowry district. With the Topping Out celebration of the construction reaching its highest point last week, the facility is scheduled to complete construction in November of this year.

The nearly \$30 million project is being built by Brinkman Construction and includes a 65,000 SF, three-story medical building for inpatient treatment for patients of all ages. The facility will offer 70 overnight beds, commercial kitchens, offices, a spa and 55,000 SF of underground parking for patients and visitors.

Eating Recovery Center treats patients on a continuum of care ranging from outpatient and residential to intensive outpatient with innovative therapies that fuse traditional and cutting-edge techniques. In addition to traditional approaches like movement and art therapy, they offer tools like armband sensors that provide essential data to the treatment team for close monitoring of health, biofeedback finger probes which display heart rate and body temperature and "flexibility training." This method helps patients break destructive patterns through the creation of new brain neurons by forcing them out of their everyday routines.

At the Topping Out Ceremony, Eating Recovery Center's CEO Dr. Kenneth Weiner noted that 75-80% of their patients come from outside Colorado and even outside the United States, marking this state-of-the-art treatment facility as one of the best in the world for helping those suffering from eating disorders.

Westside Investment Partners, Inc., based out of Glendale, Colo., is the developer on the project, Boulder Associates designed the interior of facility and Farnsworth Group designed the core/shell and all medical, electrical and plumbing (MEP) engineering.

#### **About Brinkman Construction**

With offices in Fort Collins and Denver, Brinkman Construction is a 100% employee owned commercial contractor that provides innovative construction solutions, predictable results and a relationship-focused approach. Since its founding in 2005, the company has been committed to delivering an elevated level of service to its clients by creating diverse spaces that enhance their work and living experiences.

Learn more about Brinkman Construction at [www.brinkmanpartners.com](http://www.brinkmanpartners.com).